# ingredíssimo

# **Bloody Mary spherification**

By Eva De Gil Nicolas

## Sphere fill

#### **Ingredients:**

- 40ml. Vodka
- **70g.** Tomato juice
- **15ml.** Lemon juice
- 4g. Worcestershire Lea&Perrins sauce
- 2g. Tabasco
- 5g. Tomato Powder Ingredíssimo (ref.608501)
- C.S. Salt
- C.S. Black pepper
- 7,5g. Calcium Gluconolactate Ingredíssimo (ref.608715)

### Alginate bath

#### Ingredients:

- 1L. Water
- 7,5g. Sodium Alginate Ingredíssimo (ref.608708)

#### Process

- 1. Mix the Vodka, lemon juice, Worcestershire Lea&Perrins sauce, Tabasco, Tomato powder, salt and black pepper.
- 2. Stir and add the tomato juice.
- 3. Reserve this preparation in the fridge.
- 4. To make the spherification, mix with a mixer in a bowl, one liter of water with the Sodium Alginate.
  - \* The alginate dissolves better with hot water, 60° approx.
- 5. Let the mixture rest for two hours.
- 6. Add to 250ml of Bloody Mary the Calcium Gluconolactate and blend.
- 7. Let rest in the fridge for a couple of hours until the preparation loses air.

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- 8. Put the Bloody Mary in spherical molds and freeze.
- 9. Once frozen, place the spheres in the alginate bath and leave them submerged for a couple of minutes.
- 10. Remove them carefully and pass them through water. Then dip them in oil.
- 11. Reserve them in the fridge until serving time.

### Assembly and finishing

1. Plate with **Tomato Flakes Crunch Ingredíssimo (ref.608502)** and some garlic and celery flowers.