ingredíssimo

Vanilla, mango and raspberry ice cream

By JORDI FARRÉS

Ingredients

- 510g. Whole milk
- **235g.** Cream 35% m.g.
- **70g.** Pasteurized egg yolks
- **40g.** Skim milk powder 1% m.g.
- 120g. Dextrose
- 90g. Sugar
- C.S. Ice cream stabilizer
- 1. Vanilla pod
- White chocolate coverage
- Freeze Dried Whole Raspberry Ingredíssimo (ref.608203)
- Mango Crunch Ingredíssimo (ref.608301)
- Raspberry Crunch Wetproof Ingredíssimo (ref.608351)
- Dried Cornflower Ingredíssimo (ref.608653)

Process

- 1. Heat the milk, cream, egg yolks, powdered milk and dextrose to 40°C.
- 2. Add the sugar mixed with the ice cream stabilizer.
- 3. Cook in a bain-marie up to 83°C.
- 4. Remove from the heat and pour into a container to stop the rise in temperature.
- 5. Open the natural vanilla pod in half and scrape out the entire inside of the pulp. Add it to the container with the previous mixture and pass through a blender.
- 6. Add the rest of the whole vanilla pod and cover with plastic to skin.
- 7. Leave to mature in the refrigerator for 12 hours.
- 8. Keep the ice cream in the machine and extract it directly into a plastic bag.
- 9. Add some Freeze Dried Whole Raspberries and Mango Crunch inside the ice cream molds.
- 10. Dose the ice cream in the molds. Once full, smooth the surface to take to the freezer.
- 11. Unmold and bathe with melted white chocolate coverage.
- 12. Decorate by spreading Dried Cornflower, Mango Crunch and Raspberry Crunch Wetproof.