# ingredissimo

## Roasted pineapple with caramel cookie and smoked ice cream

By VORDI FARRÉS

### Roasted pineapple

### **Ingredients:**

- 1 pc. Ripe pineapple
- 130g. Maple syrup
- 30g. Brown sugar
- 20g. Lime juice
- 3g. Ahumal Smoke powder Ingredíssimo (ref.100090)

#### **Process:**

- 1. Peel the pineapple and leave it smooth.
- 2. Roast it whole in the oven on a platter to keep its own juices. Bake at 180°C for about 30 minutes approx. and turn it over.
- 3. Remove from the oven and let cool completely.
- 4. Divide into 3 vertical parts, discarding the most fibrous central part.
- 5. Make a mixture of maple syrup, brown sugar, Ahumal Smoke Powder and lime juice.
- 6. Put this mixture into a vacuum bag along with the pieces of roasted pineapple.
- 7. Introduce the vacuum bag in the packaging machine and carry out the packaging at 100%. The result will be a pineapple impregnated with the smoked syrup.
- 8. Store in the refrigerator.

### **Caramel cookie**

### **Ingredients:**

- 160g. Sugar
- 200g. Hazelnut powder
- 2 pc. Lemon zest
- 240g. Loose flour
- 180g. Butter
- 40g. Caramelized milk powder Ingredissimo (ref.608553)
- 35g. Natural sesame Ingredíssimo (ref.601805)

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#### **Process:**

- 1. Mix all the ingredients and work in the mixer with the paddle.
- 2. Once homogeneous, add the cold diced butter and continue working the dough until it becomes a compact mass.
- 3. Freeze the dough in the form of a block.
- 4. Once frozen, pass through a coarse grater and obtain biscuit filaments.
- 5. Cook in a tray on a perforated silicone mat at 170°C in an air oven for about 14 minutes.
- 6. Once cold, finish crumbling the biscuit and leave it ready to be plated before serving.

### Smoked cream ice cream

### **Ingredients:**

- 120ml. Water
- **970g.** Milk
- 280g. Cream 35% m.g.
- 90g. Skim milk powder
- 290g. Sugar
- 30q. Dextrose
- 45g. Glucose powder
- 185g. Pasteurized egg yolk
- C.S. Ice cream stabilizer
- 1 pc. Cinnamon stick
- 2 pc. Lemon zest
- 1. Vanilla pod
- 4g. Ahumal Smoke powder Ingredissimo (ref.100090)

#### **Process:**

- 1. Make an infusion to flavor the water, milk, cream, powdered milk, sugar, Ahumal Smoke Powder, cinnamon, lemon zest and vanilla with its pulp.
- 2. Let the infusion rest for 30 minutes approx.
- 3. Strain the mixture and stir together with the egg yolks.
- 4. Cook at 83°C in a bain-marie.
- 5. Dry mix the dextrose, glucose and ice cream stabilizer.
- 6. Add to the previous mixture, stirring at the same time and pass through a blender, homogenizing the mixture perfectly.
- 7. Cover and let the mixture mature in the fridge for about 12 hours.
- 8. Pass the mixture through the ice cream machine until it becomes a creamy ice cream.

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- 9. Remove from the machine and store in a container suitable for freezing.
- 10. Keep frozen at -18°C until the moment of its use in the service.

## **Assembly and finishing**

- 1. Choose a large, flat carving plate.
- 2. Cut the pineapple into thin slices and place them superimposed one on top of the other in the shape of a fan.
- 3. Spread a little mound of caramel cookie
- 4. Make a ball of cream ice cream and place it on the textured cookie.
- 5. Decorate with some Chili fibers Ingredíssimo (ref.608651) and fresh sprouts.